

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 12/13/22

In Attendance: Kelsie Bednarz, Ashley Burts, Joanne Cordova, Judith Garcia, Kelcey Griffin, Denise Lamar, Colon Moore, Christina Neal, Wendy Nielsen, Lucinda Ourant, Christine Skrutowski, Dylan Stamey, Stephanie Starr, Susannah Stone-Gill, Charlee Williams.

Business:

- 4:00 pm- meeting opened on 12-13-22.
- Minutes from 9-14-22 were approved.
- Introductions- Kelcey Griffin- 11th grade CATA student in the Medical Science Program, Joanne Cordova- parent representative. She has 2 children at Porter Ridge Middle and one at the high school.
- Annual Review of UCPS BOE Student Wellness Policy 4-20/4-11-Council reviewed the policy. Kelsie Bednarz, Dietician for School Nutrition, submitted the Triennial assessment in June 2022. Results are on the UCPS and School Nutrition websites. The Wellness Policy for the county needs to be reviewed for updates. Some changes need to be made such as what the assessment will determine, and verbiage updates as to what SHAC responsibilities, including conducting a triennial assessment using a research-based tool every 3 years with the results made to the public. SHAC reviewed and discussed and the next step is to submit changes to UCPS Legal and the Board of Education Policy Committee.
- Lucinda Ourant, School Nurse Supervisor expressed appreciation for the informative parent education session conducted 10/27/22. Dr. Carolyn Ford and Erica High, both community partners, conducted the education session at Monroe High School, which was recorded. Parent attendance was low. Suggestion made to attempt to conduct more parent educational offerings at the local school level with the hope that leadership and support teams at the school level and various stake holders gain ownership of this education. Dylan Stamey, Principal of Piedmont High, expressed appreciation for the recorded session and had distributed the link to the recorded session, but has not heard feedback from stakeholders at this time. He commented parents are more interested in a session which allows for questions and answers. He added that parents like information and the take away of the message before attending an event. Joanne Cordova, UCPS parent, added that when there are so many events going on in the lives of parents and students after school, a virtual option is great. The session was recorded and is now available for viewing. Principals have been encouraged to share the session link through parent communication avenues at their schools.
- Lucinda Ourant, School Nurse Supervisor- Discussion and updates of SHAC goals for the 2022-23 school year.
 - Goal 1-Expand community awareness regarding substance use disorder and tobacco/vaping use in Union County, NC with a focus on school-aged children within Union County Public Schools. The group discussed the specific intervention step to promote school-based champions to initiate initiatives to address vaping epidemic.
 - Goal 2- Establish and strengthen mental health support for UCPS student population. Goals to increase Mental Health Therapists, Social Workers, and expand teletherapy, and crisis response team efforts. The team continues to be concerned with increases in local mental

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health data trends, which are consistent with national and state findings post-COVID. Data related to increases in initiation of the Suicide Intervention Protocols, suicide attempts, and non-suicidal self-injurious behavior. Specific UCPS data points related to these areas were discussed at the meeting to establish the continued need for team supports and focus.

- Group discussed adding in and including the Collaborative and Atrium partnership and expansion of the pilot program into Goal 2.
- SHAC Goals, Action Steps, and Methods for Measuring Implementation are included in the UCPS School Health Advisory Council 2022-23 document, which will be posted on the UCPS website.
- Christina Neal, Behavioral Health Collaborative Program Manager, reported she is fully staffed. UCPS continues to staff mental health therapists and Atrium Health teletherapy is expanding
- Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder Stephanie Starr, Director of Community Support and Outreach, confirmed Luka Kinard is speaking to UCPS middle school students on January 10th, 17th, & 31st as a community partnership initiative. Luka has become a national speaker, known for his strong connection to youth due to his age and past experience with the compromising aspects of vaping.
- Youth Mental Health First Aid training was conducted virtually on December 9, 2022. 16 community members attended. Another training will be held 2/27/23. If interested in participating, please contact Belle Walker, UCPS Lead Social Worker.
- Judy Garcia, Educator, Expanded Food and Nutrition Program, offers cooking and nutrition lessons to Title I schools and includes food costs so there is no cost to the schools.
- Meeting adjourned at 4:45 pm.